

Class: Seven Subject: English 1<sup>st</sup> paper Date: 23/9/20

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Lecture

# **Lesson 3: Paul visits Sundarpur**

Key words: volunteer arsenic poisoning green coconut

Paul is a young volunteer of an international NGO in Bangladesh. He visits Sundarpur to talk to the villagers about arsenic poisoning. Read the passage to know about his visit.

Paul went to Sundarpur High School to meet the teachers and students there. He was warmly greeted by all. He quite enjoyed the green coconut drink that was served on his arrival. He gave a short lecture to the students and explained how they would fight against arsenic poisoning. Paul also answered the questions asked by some students. He liked most of the questions. He also took some pictures with the students. He always takes his camera with him. He loves photography.

As he was taking leave, all the students followed him up to the school gate. The teachers wanted to hire a rickshaw for him. He does not like riding rickshaws. In fact, he hates theidea of sitting idle while another person is pulling the rickshaw. So, he did not mind walking towards the local Union Council Office.

#### What is arsenic poisoning?

Arsenic poisoning, or arsenicosis, happens when a person takes in dangerous levels of arsenic. Arsenic is a natural semi-metallic chemical that is found all over the world in groundwater.

## Symptoms of arsenic poisoning may include:

- red or swollen skin
- skin changes, such as new warts or lesions
- abdominal pain
- nausea and vomiting
- diarrhea
- abnormal heart rhythm

- muscle cramps
- tingling of fingers and toes

Long-term exposure to arsenic can cause more severe symptoms. You should seek emergency help if you experience any of the following after a suspected arsenic exposure:

- darkening skin
- constant sore throat
- persistent digestive issues

## How to prevent arsenic poisoning

Ground water continues to be the most common source of arsenic poisoning. One of the most effective preventive measures against arsenic poisoning is to make sure you drink clean, filtered water. You can also make sure that all foods are prepared in clean water.

If you work in industries that use arsenic, take extra precautions. Bring your own water from home, and wear a mask to reduce accidental arsenic inhalation.

While traveling, consider drinking bottled water only.

#### Lesson 4: Paul visits Kobita's house

Key words: sip (v) baggy trousers reluctant magazine dish dessert chopped skip (v) taste

Paul went to meet Kobita and her family the next day. He was in his blue trousers and a grey T-shirt. Kobita's mother MsShahana was a shy woman and she was reluctant to come to Paul. But Paul greeted her warmly in his newly learnt Bangla, "Kemon achen?" MsShahana loved hearing a foreigner speak Bangla. She welcomed Paul to her house. Kobita started talking to Paul. She wanted him to write something for her school magazine. As they were talking, MsShahana prepared quite a number of Bangladeshi dishes. She served him

lunch at noon. Paul had plain rice, chicken curry, fish bhuna, dal and salad for lunch. He liked the tastes of all those delicious items except the dried fish bhorta. He is afraid of hot chilies. He also does not like eating fresh onions. So he skipped the mashed potato which had chopped fresh onions in it. But Paul became very fond of the dessert made of rice, gur, milk and coconut. He also enjoyed drinking tea made of fresh cow milk. Paul thanked Kobita and MsShahana for the lunch. In fact, he was tired of having vegetables and fried eggs for the last few weeks. He hates eating the same food for weeks. So he enjoyed the tastes of a variety of Bangladeshi dishes.

### **Lesson 5: Paul and his family**

Key words: feed (v) rabbits sandwiches spider fly insects bush relax

Hi, there. I'm Paul and you can see me in this picture feeding a rabbit in a park I am going to tell you about what my family and I like and don't like doing.

My family and I love going to the park at the weekends. We like having picnics. My sister and I love watching animals. My mother likes making sandwiches for us but my father hates cooking. My sister and I love playing around in the park and feeding the animals. My mother loves watching us while we play. We can relax in a park listening to the birds singing. We also like watching the little rabbits running around. We all like the park because we love being outdoors and feeling free.



But sometimes my father gets angry with us and does not allow us to go near the bush. He doesn't like his children going too far, out of his sight. I don't like sitting on the grass and doing nothing for hours. My sister is afraid of spiders. She hates them. Sometimes when we go too far away, my mother calls us back. She tells my sister that she has seen some spiders near the bush. I'm not afraid of spiders. But I don't like flies. I just can't bear with these little insects.

# Worksheet

# Now write answer to the following questions in your scripts.

- a) Why did Paul go to Sundarpur High School?
- b) How did the students entertain him?
- c) "He always takes his camera with him." Who always takes his camera? Why?
- d) Who asked Paul questions on arsenic problem?
- e) He does not like riding a rickshaw. Do you think him right in his thought?
- f) How did the teachers and students of the school greet Paul?
- g) What did Paul do for the students?
- h) What did Paul take with his camera?
- i) What does Paul love?
- j) How did Paul take leave of the students?
- k) For whom did the teachers want to hire a rickshaw?
- 1) What idea does not Paul like?
- m) How did Paul go to the local Union Council Office?

Write ten sentences about Arsenic Poisoning.